



Richmond Surgical Arts, Inc.

the skinrejuvenation center

Gregory T. Lynam, M.D.

PATIENT'S NAME: \_\_\_\_\_

Date: \_\_\_ / \_\_\_ / \_\_\_

**SKIN EVALUATION**

Have you seen a dermatologist for your skin?  YES  NO

What was the reason for that visit? \_\_\_\_\_

Have you ever used Accutane?  YES  NO

Which of the following topical medications have you used? Please check all that apply.

ACNE  RETIN-A  GYLCOLIC ACID  OTHER \_\_\_\_\_

Which of the following oral medications have you used or do you currently use? Please check all that apply.

Tranquilizer  Antibiotics  Hormones or Birth Control  Diuretics

**HYPERSENSITIVITY AND FRAGILITY**

What medications are you currently taking? \_\_\_\_\_

Are you allergic to any medications? \_\_\_\_\_

Have you ever had a skin allergy?  YES  NO

Cosmetic  Fabrics  Aspirin  Rashes  Other: \_\_\_\_\_

**FREE RADICAL EXPOSURE**

Do you smoke?  YES  NO How much? \_\_\_\_\_

Do you consume alcohol?  YES  NO How much? \_\_\_\_\_

Do you have a regular diet?  YES  NO

Do you exercise?  YES  NO How much? \_\_\_\_\_

Do you take vitamins?  YES  NO  Multi-vitamin  Antioxidant  Other: \_\_\_\_\_

**HORMONES**

Do you have regular periods?  YES  NO

Are you going through menopause?  YES  NO

During pregnancy, did you ever get hyperpigmentation or masking?  YES  NO

**PIGMENTATION**

How often do you tan?  Always burn  Usually burn  Burn then tan  Usually tan  Always tan

How would you describe your pigmentation?  Even  Uneven  Birthmark  Pregnancy mark

**VASCULARITY**

Broken capillaries? Nose Cheek Chin area Forehead Entire face

**ACNE**

Do you have any history of acne or periodic breakouts?

Pimples Whiteheads Blackheads Enlarged pores Flakiness Acne scars

**FACIAL WRINKLES** Deep wrinkles Crows feet Fine lines

**SKIN TYPE**

Does your skin ever flake or feel tight and dry? Frequently Occasionally Very rarely

Is your skin ever shiny a few hours after cleaning? Frequently Occasionally Very rarely

How often do you experience blackheads or facial blemishes? Frequently Occasionally Very rarely

How noticeable are your pores? Very T-zone Not very

**ABILITY TO HEAL**

Does your skin appear fragile, burns easily? YES NO

Do you form thick or raised scarring from a cut or burn? YES NO

Do you have any health problems? YES NO

Do you wax or use depilatories on your face? YES NO

Do you ever get cold sores? YES NO

**SUN HISTORY AND LIFESTYLES**

What percentage of time do you spend in the sun? Summer\_\_\_\_\_ Winter\_\_\_\_\_

In the past [including childhood], did you live in a sunbelt and sunbathe? YES NO

[Need for enhanced exfoliation or Retin-A]

In the past, have you neglected to use a sun block when outdoors? YES NO

**HAVE YOU OR ANY MEMBER OF YOUR FAMILY HAD SKIN CANCER?** YES NO Anatomical location:\_\_\_\_\_

**WHAT WOULD YOU LIKE TO CHANGE ABOUT YOUR SKIN?**\_\_\_\_\_

**WHAT SPECIFIC AREAS TO YOU WANT TO TREAT?**

Face Neck Chest Back Hands Forearms Lower legs Other:\_\_\_\_\_

Technician's Signature: \_\_\_\_\_